

# FOOD GLORIOUS FOOD



*Our Spring 2 topic is "Food Glorious Food".*

## KEY FACTS

*Some food can only grow in certain countries because of the climate there.  
You need to eat a balanced diet and be active for 40+ minutes per day to keep healthy.*

*The human body has 206 bones.*

*We have 5 senses.*

## CAN YOU TALK ABOUT

*The human body and it's structure.*

*The effects food has on the body.*

*How to stay healthy.*

*Which senses we use to explore the world.*

*Seasons of the year.*

*Why Easter is significant to Christians.*

## BOOKS TO READ

*'The Tiger Who Came to Tea*

*Oliver's Fruit Salad*

*Handa's Surprise*

*Funny Bones Collection*

*What's On Your Plate?*

*I Can Eat A Rainbow*

*The Good Egg*

## KEY VOCABULARY

*exercise*

*sense*

*vitamin*

*climate*

*scrumptious*

*healthy*

*produce*

*hygiene*

*season*

*survival*

## HOME LEARNING

*1. Design a meal that you can help prepare at home for your family that is healthy.*

*2. Practise maths skills such as number bonds, doubling and halving using this link:*

*<https://www.topmarks.co.uk/maths-games/hit-the-button>*

*3. Make a list of fruit and vegetables you have tried and want to try.*

## P.E DAYS

*Bluebell: Thursday & Friday*

*Dandelion: Monday & Tuesday*

*Conker: Monday & Thursday*