

Ourselves

Ivy Class

Autumn 1 2026



ENGLISH HOME TASKS

🫶 Practice writing your name using correct letter formation

RHYMES YOU CAN SING AT HOME

👀 Heads, shoulders, knees and toes
👂 Here we go round the Mulberry Bush
✋One finger one thumb, keep moving

TOPIC HOME ACTIVITIES



Draw a self portrait, colour it the correct colour and then name the features you can see.

What colour eyes do the people in your family have? Are they the same or different?

Look at pictures of you when you were a baby- what is the same? What is different?

READING SUGGESTIONS

🌟Super Duper You by Sophy Henn
👋 Who are you? by Ali Pye
🫶 You can! by Alexandra Strick
🦵 I don't want to be small by Laura Ellen Anderson
🫵 The Growing Story by Helen Oxenbury
👁️ Titch by Pat Hutchins



THINGS WE WOULD LIKE YOU TO TALK AGOUT AT HOME...

Share a favourite memory of you growing up.

What do you want to be when you grow up? What did older family members want to be when they were younger?

What is your favourite colour/ food/ sport etc and why?



MATHS HOME TASKS

Measure the people in your family- who is the tallest? Who is the shortest?

Spot numbers on the houses on your street- which number is your house?

Count the stairs in your house, the number of toys in a set (cars for example).



KEY FACTS

👀 **Family** - A group of people who are related to us or look after us.
✋ **Self-Portrait** - A drawing or painting that a person makes of themselves.
🍎 **Healthy Eating** - Eating food that is good for our bodies and keeps us feeling well and free from illness.
👂 **Senses** - Eyes, ears, nose, tongue, and skin help us sense the world.
🧣 **Autumn** - One of the seasons of the year.